

Filter



Topic

X

Resource Type

X

Level

X

Grade

X

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TEST ANXIETY

Information | Tips | Advice

Test Anxiety

Rack Card

SMART GOALS

Goals give you direction, focus, and purpose. They also give you something to work toward. Just make sure that your goals are SMART goals.

S Specific

Specific goals are well-defined and clear-cut. Instead of "I want to do better in school," a more specific goal would be "I want to earn a B grade."

SMART Goals

Rack Card

ATTENDANCE

Why is being in school every day important?

IT IMPACTS YOUR GRADES

Even if you miss just a few days here and there, your grades are likely to suffer.

Attendance

Rack Card

Growth Mindset

Sometimes your successes, failures, talents, and shortcomings are defined by how you look at them—and by the mindset you have. If you have a growth mindset, you can turn the things you think you can't change into opportunities for growth and discovery!

Growth Mindset

Rack Card

Critical Thinking

Critical thinking is the act of examining the facts and challenging your assumptions so that you can evaluate information objectively. Essentially, it means that you think independently, clearly, and rationally when evaluating information.

What are the benefits of critical thinking?

Critical Thinking

Rack Card

Academic Integrity

Academic integrity means that when it comes to academic endeavors, you are honest and responsible. You don't do anything to give yourself an unfair academic advantage, and the grades you receive are a result of your own efforts.

Academic Integrity

Rack Card

TOP 10 REASONS TO BE IN SCHOOL EVERY DAY

1. Better grades. The better your attendance, the higher your grades.

Top 10 Reasons to be in School Every Day

Rack Card

How To GET ORGANIZED

Being organized makes your day run smoother and it saves you time. When you're organized, you also have less stress and feel more in control of your life.

How to Get Organized

Rack Card

How To SUCCEED IN CLASS

Showing up for class isn't enough. To succeed in your classes, you need to be engaged and involved. When you're engaged, you are more likely to learn and remember what's being taught.

How to Succeed in Class

Rack Card

How To TAKE GOOD NOTES

Taking notes in class helps you stay focused on the information being presented. And because tests usually cover material that's been discussed in class, taking good notes is critical to success.

How to Take Good Notes

Rack Card

How To STUDY SMART

The key to success is not studying a lot. It's studying smart. Students who "study smart" know how to make the most of their study time.

How to Study Smart

Rack Card

How To READ TO LEARN

To do well in your classes, you must be able to understand and remember the information you read. To comprehend and retain more of what you read, follow these three steps:

How to Read to Learn

Rack Card

How To ACE YOUR TESTS

With the right test prep and test-taking strategies, you'll spend less time studying and you'll get better test grades.

How to Ace Your Tests

Rack Card

How To Get Good Grades

How to Get Good Grades in Ten Easy Steps

Booklet

Getting Good Grades

Activities and Exercises

Getting Good Grades - Activities and Exercises

Booklet

5 Steps To Academic Success

High School Edition

5 Steps to Academic Success - High School

Booklet

BUILDING A GROWTH MINDSET

Building a Growth Mindset

Booklet

High School Success

Academic Success

Academic Success

Pamphlet

High School Success

Make Graduation Your Goal

Make Graduation Your Goal

Pamphlet

Reading Textbooks

Information and tips to help you learn and remember what you read

Reading Textbooks

Pamphlet

Preparing for Tests

Tips and strategies to help you prepare for quizzes, tests, and exams

Preparing for Tests

Pamphlet

Doing Research

Information and tips to help you do research for a paper or project

Doing Research

Pamphlet

Writing Papers

Information and tips to help you write outstanding papers

Writing Papers

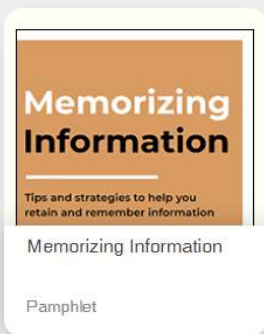
Pamphlet

Preparing Presentations

Information and tips to help you prepare and give a great presentation

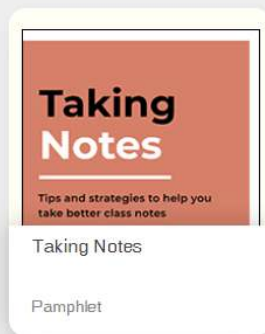
Preparing Presentations

Pamphlet



Memorizing Information
Tips and strategies to help you retain and remember information

Memorizing Information
Pamphlet




Taking Notes
Tips and strategies to help you take better class notes

Taking Notes
Pamphlet



Staying Engaged
Tips and ideas on how you can get the most out of your classes

Staying Engaged
Pamphlet



Taking Tests
Strategies and tips to help you do your best on quizzes and tests

Taking Tests
Pamphlet



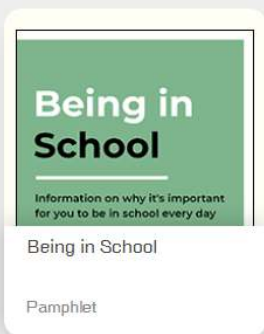
Doing Group Work
Tips and strategies to help you improve your group experiences

Doing Group Work
Pamphlet



Taking the Right Classes
Information to help you schedule courses that will be right for you

Taking the Right Classes
Pamphlet



Being in School
Information on why it's important for you to be in school every day

Being in School
Pamphlet



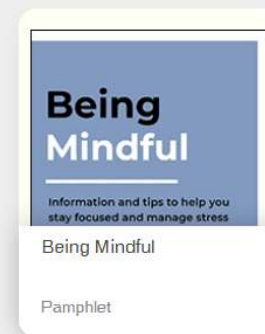
Getting Organized
Tips and strategies to organize your stuff and your life

Getting Organized
Pamphlet



Studying Smart
Tips and strategies to help you get the most out of your study time

Studying Smart
Pamphlet



Being Mindful
Information and tips to help you stay focused and manage stress

Being Mindful
Pamphlet



Managing Your Time
Tips and strategies to help you use the time you have wisely

Managing Your Time
Pamphlet



Staying Motivated
Information and tips to help you stay confident and engaged

Staying Motivated
Pamphlet



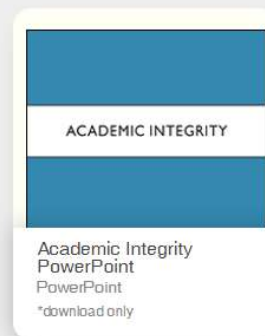
Reaching Out for Help
Tips, advice, and encouragement to get the help you need

Reaching Out for Help
Pamphlet



Remote Learning
Tips for Students

Remote Learning - Tips for Students
Pamphlet



ACADEMIC INTEGRITY

Academic Integrity
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Being Mindful

Being Mindful
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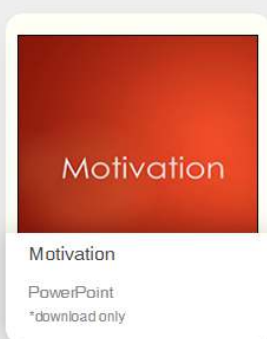
Doing Research
Information and tips to help with research for paper or project

Doing Research
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MEMORIZING INFORMATION
TIPS AND STRATEGIES TO HELP YOU RETAIN AND REMEMBER INFORMATION

Memorizing Information
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Motivation

Motivation
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ORGANIZATION

Organization
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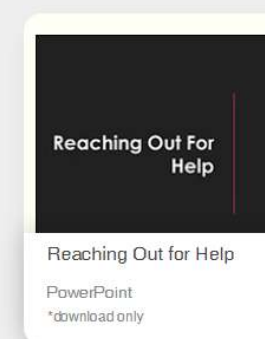
PREPARING FOR TESTS
Do you ever feel unprepared for tests?
Do you usually wait until the day before a test to start studying?
Do you often study the wrong things?
Are your test grades lower than they should be?

Preparing for Tests
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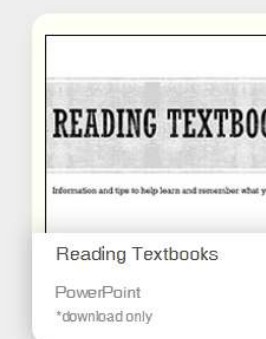
PREPARING PRESENTATIONS
Information and tips to help you prepare and give great presentations

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Reaching Out For Help

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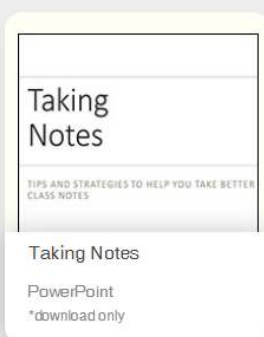
READING TEXTBOOKS
Information and tips to help learn and remember what you read

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STUDY SMART

Study Smart
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Taking Notes
TIPS AND STRATEGIES TO HELP YOU TAKE BETTER CLASS NOTES

Taking Notes
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Time Management
Tips and strategies to use your time wisely

Time Management
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Information and tips to help you write outstanding papers

Writing Papers

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CRITICAL THINKING

Critical Thinking
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Growth Mindset
THE POWER OF YET

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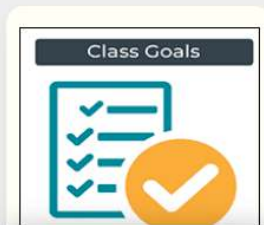
SMART Goals

SMART Goals
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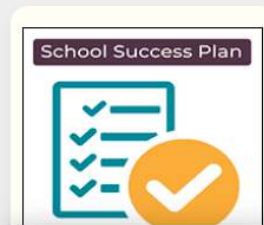
BUILDING A GROWTH MINDSET

Building a Growth Mindset
Activity Booklet / Worksheet



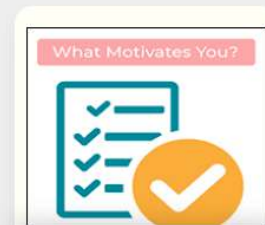
Class Goals

Class Goals Activity
Activity Booklet / Worksheet



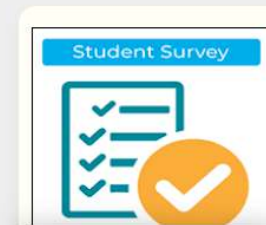
School Success Plan

School Success Plan Activity
Activity Booklet / Worksheet



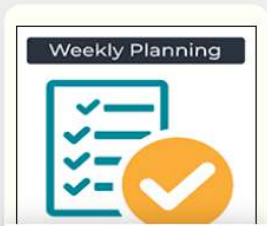
What Motivates You?

What Motivates You? Activity
Activity Booklet / Worksheet



Student Survey

What Kind of Student Are You? Activity
Activity Booklet / Worksheet



Weekly Planning

Weekly Planning Activity
Activity Booklet / Worksheet



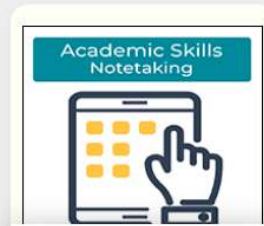
Academic Skills Making Presentations

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Academic Skills Memorization Tips

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Academic Skills Notetaking

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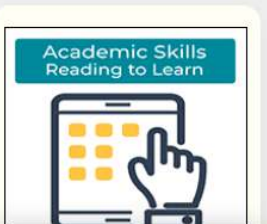
Academic Skills Organization

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Academic Skills Preparing for Tests

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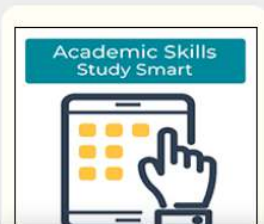
Academic Skills Reading to Learn

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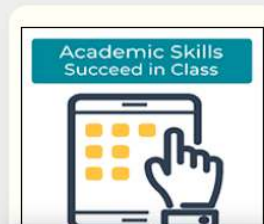
Academic Skills Staying Motivated

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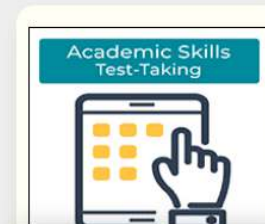
Academic Skills Study Smart

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Academic Skills Succeed in Class

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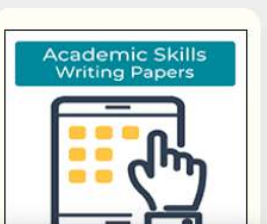
Academic Skills Test-Taking

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Academic Skills Time Management

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Academic Skills Writing Papers

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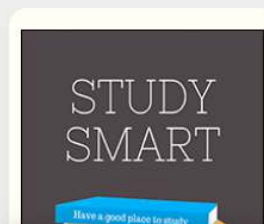
Remote Learning

Remote Learning
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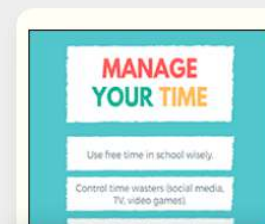
KEEP IT UP!

Keep it Up
Poster (8 1/2 x 11)



STUDY SMART

Study Smart
Poster (8 1/2 x 11)



MANAGE YOUR TIME

Use free time in school wisely.
Control time wasters (social media, TV, video games).

Time Management
Poster (8 1/2 x 11)



WORK HARD

Work Hard
Poster (8 1/2 x 11)