

Filter



Topic

Resource Type

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Support Your Child  
**9th Grade**

Support Your Child - 9th Grade

Pamphlet

Support Your Child  
**10th Grade**

Support Your Child - 10th Grade

Pamphlet

Support Your Child  
**11th Grade**

Support Your Child - 11th Grade

Pamphlet

Support Your Child  
**12th Grade**

Support Your Child - 12th Grade

Pamphlet

**High School Success**  
Tips for Parents

High School Success

Rack Card

**Returning to School**  
After COVID-19 Isolation  
Information for Parents

Returning to School - Information for Parents

Rack Card

**School Refusal**  
Tips for Parents

School Refusal

Rack Card

**Tolerance & Diversity**  
What Parents Need to Know

Tolerance and Diversity - Parents

Rack Card

**PARENT-TEACHER CONFERENCES**

Parent-Teacher Conferences

Rack Card

**FAFSA**  
Need Money for College?  
Complete the FAFSA!

FAFSA

Rack Card

**Help Your Child Succeed in School**

Help Your Child Succeed in School

Pamphlet

**Help Your Child Prepare for College**

Help Your Child Prepare for College

Pamphlet

**Help Your Child Use Technology**

Help Your Child Use Technology

Pamphlet

**Help Your Child Plan for a Career**

Help Your Child Plan for a Career

Pamphlet

**Help Your Child Drugs and Alcohol**

Help Your Child Drugs and Alcohol

Pamphlet

**Help Your Child Thrive and Grow**

Help Your Child Thrive and Grow

Pamphlet

**Remote Learning**  
Tips for Parents

Remote Learning - Tips for Parents

Pamphlet

**NINTH GRADE**  
Parent Guidebook

Ninth Grade Parent Guidebook

Booklet

**TENTH GRADE**  
Parent Guidebook

Tenth Grade Parent Guidebook

Booklet

**ELEVENTH GRADE**  
Parent Guidebook

Eleventh Grade Parent Guidebook

Booklet

**TWELFTH GRADE**  
Parent Guidebook

Twelfth Grade Parent Guidebook

Booklet

**Preparing for College**  
A Guide for Parents

Preparing for College - A Guide for Parents

Booklet

**High School Parent Guidebook**

High School Parent Guidebook

Booklet

**STARTING HIGH SCHOOL**  
A Guide for Parents

Starting High School - A Guide for Parents

Booklet

**the internet and social media**  
a guide for parents

The Internet and Social Media - A Guide for Parents  
Booklet

**STUDENT SAFETY & SECURITY**

Student Safety and Security - A Guide for Parents  
Booklet

**VAPING**  
WHAT PARENTS NEED TO KNOW

"Vaping," or the use of electronic cigarettes, has become very popular with young people. In fact, one-third of high school seniors report having tried a vape at some point.

Vaping - What Parents Need to Know  
Rack Card

**ALCOHOL**  
WHAT PARENTS NEED TO KNOW

Simply put, underage drinking is a dangerous practice that has many risks. Go over the facts and risks with your teen and talk about how he/she can "say no."

THE FACTS  
Every year there

Alcohol - What Parents Need to Know  
Rack Card

**TOBACCO**  
WHAT PARENTS NEED TO KNOW

Even though tobacco use among young people is down, more than 600,000 middle school students and 3,000,000 high school students still smoke.

THE FACTS

Tobacco - What Parents Need to Know  
Rack Card

**MARIJUANA**  
WHAT PARENTS NEED TO KNOW

Marijuana is the most commonly used drug among young people. A quarter of teens report using marijuana.

EFFECTS  
Many young people use marijuana because their buddies do. Research

Marijuana - What Parents Need to Know  
Rack Card

**OPIOIDS**  
WHAT PARENTS NEED TO KNOW

Opioids are extremely addictive and dangerous. More than 130 Americans die from an opioid overdose every day.

THE FACTS  
Opioids include illegal drugs like heroin, as

Opioids - What Parents Need to Know  
Rack Card

**DRUG MISUSE**  
WHAT PARENTS NEED TO KNOW

Many young people are using medications and substances for reasons other than their intended use. The following are some of the items most commonly misused.

PRESCRIPTION PAINKILLERS  
Using prescription painkillers like

Drug Misuse - What Parents Need to Know  
Rack Card

**Supporting Your English Language Learner**  
Information for Parents

You are the most important and influential person in your child's life, and your child needs you to be interested and involved in his/her education. The tips here will help you support your child at home so that he/she can be successful at school.

Use Your Home Language

Supporting Your English Language Learner  
Rack Card

**ADHD**  
Information for Parents

ADHD (attention-deficit/hyperactivity disorder) makes it difficult for children to control their behavior. ADHD is one of the most common childhood disorders, affecting 4-12 percent of school-aged children. While it is more common in boys, girls can also be diagnosed with ADHD. Treatment and support can help students with ADHD manage their symptoms and succeed in school. It is, therefore, important for parents to

ADHD - Information for Parents  
Rack Card

**Autism**  
Information for Parents

Autism, or autism spectrum disorder (ASD), is a developmental disorder that can vary greatly in severity. Because ASD can interact with others, it's important that parents get help for a child with autism as early as possible.

Autism - Information for Parents  
Rack Card

**Asperger's Syndrome**  
Information for Parents

Asperger's syndrome is a developmental disorder that can cause significant social impairments. Asperger's Syndrome is now considered part of the Autism Spectrum rather than a distinct condition.

Autism and Asperger's  
Asperger's syndrome is often characterized as

Asperger's Syndrome - Information for Parents  
Rack Card

**Dyslexia**  
Information for Parents

Dyslexia is a learning disability that affects the part of the brain that processes language. Words and letters appear "mixed up" to those with dyslexia, though their vision and intelligence are unaffected by dyslexia. Because dyslexia causes reading difficulties and can negatively impact a student's overall academic performance, it's important for parents to get help for a child with dyslexia as early as possible.

Dyslexia - Information for Parents  
Rack Card

**Learning Disabilities**  
Information for Parents

Learning disabilities impact specific academic skills, such as reading, writing, or math. They also often impact a child's organization and time management skills, attention, and/or memory. Individuals with learning disabilities don't see, hear, or understand things the same as other students. And because their brains are wired differently, they often have difficulty learning in

Learning Disabilities - Information for Parents  
Rack Card

**Intellectual Disability**  
Information for Parents

An intellectual disability limits an individual's thought processes (their ability to learn and understand). An intellectual disability also negatively impacts a person's social and life skills—skills used in everyday life situations. While individuals with an intellectual disability need support, they can learn, grow, and thrive.

Intellectual Disability - Information for Parents  
Rack Card

**Speech or Language Impairment**  
Information for Parents

Speech and language impairments impact a person's communication, articulation, and voice. Because a speech or language impairment can adversely affect a child's academic performance and social development, it's important that parents get help for their child as early as possible.

Speech Impairment  
Speech impairment refers to a range of disorders that

Speech or Language Impairment - Information for Parents  
Rack Card

**Giftedness**  
Information for Parents

Children are characterized as gifted when their ability in a certain area is significantly above the norm for others their age. They may have superior cognitive ability, be very creative, or be gifted in a specific academic subject, such as math or science.

Common Characteristics

Giftedness - Information for Parents  
Rack Card

**IEP**  
Information for Parents

An IEP or Individualized Education Program, is a document created to address the unique needs of a child eligible for special education services. While the Individuals with Disabilities Education Act (IDEA) outlines what IEPs should generally include, IEPs vary greatly from state to state, school to school, and child to child.

IEP Eligibility

IEP - Information for Parents  
Rack Card

**504 Plan**  
Information for Parents

A 504 plan is developed to ensure that students with disabilities have access to the same education as their non-disabled peers. A 504 plan doesn't provide individualized instruction; however, it does provide students with various accommodations so they are able to succeed in the regular classroom.

504 Plan - Information for Parents  
Rack Card

**IEP vs. 504 Plan**  
Information for Parents

Both an Individualized Education Program (IEP) and a 504 plan help students with disabilities get the support they need to succeed in school. IEPs and 504 plans have a number of similarities, but there are also some significant differences. If your child has a condition that adversely impacts his/her education, a well-written, well-implemented IEP or 504 plan will help ensure that your child gets the support and services he/she needs.

IEP vs. 504 Plan - Information for Parents  
Rack Card

**Special Education Terms**  
Information for Parents

Navigating the special education services provided by your school can be confusing, and full of unfamiliar terms. The following are some of the terms you may hear as you work to support your child's success.

504 Plan: A plan developed to ensure that students with disabilities receive the accommodations they need to succeed in the regular classroom.

Special Education Terms - Information for Parents  
Rack Card

**IDEA Eligibility**  
Information for Parents

IDEA, or the Individuals with Disabilities Education Act, is a law that provides special education services for children with disabilities. To qualify for special education under IDEA, a student must have a disability in one of the 13 categories listed below and need special education services to progress in school. If you think your child qualifies for special education services under IDEA, you can request that your child's school do an evaluation.

IDEA Eligibility  
Rack Card

**Parent Involvement Bullying**

Parent Involvement - Bullying  
E-Tip  
\*download only

**Parent Involvement Drugs and Alcohol**

Parent Involvement - Drugs and Alcohol  
E-Tip  
\*download only

**Parent Involvement Remote Learning**

Parent Involvement - Remote Learning  
E-Tip  
\*download only

**Parent Involvement School Success**

Parent Involvement - School Success  
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**Parent Involvement Technology**

Parent Involvement - Technology  
E-Tip  
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**HIGH SCHOOL PARENT NEWSLETTER**  
THE CHALLENGE OF COVID-19: REMOTE LEARNING

WELCOME TO A NEW SCHOOL YEAR  
CONVERSATION PROMPTS

HS Parent Newsletter - Aug 2020  
Parent Newsletter

**HIGH SCHOOL PARENT NEWSLETTER**  
THE CHALLENGE OF COVID-19: REMOTE LEARNING

WELCOME TO OUR SCHOOL YEAR  
CONVERSATION PROMPTS

HS Parent Newsletter - Sep 2020  
Parent Newsletter

**HIGH SCHOOL PARENT NEWSLETTER**  
THE CHALLENGE OF COVID-19: REMOTE LEARNING

CONVERSATION PROMPTS

HS Parent Newsletter - Oct 2020  
Parent Newsletter

NOVEMBER 2020

## HIGH SCHOOL PARENT NEWSLETTER

THE DEAN AND ADVISOR HIGH SCHOOL NEWSLETTERS

### CONVERSATION PROMPTS

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HS Parent Newsletter - Nov 2020

Parent Newsletter

DECEMBER 2020

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HS Parent Newsletter - Dec 2020

Parent Newsletter

JANUARY 2021

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HS Parent Newsletter - Jan 2021

Parent Newsletter

FEBRUARY 2021

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HS Parent Newsletter - Feb 2021

Parent Newsletter

MARCH 2021

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HS Parent Newsletter - Mar 2021

Parent Newsletter

APRIL 2021

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HS Parent Newsletter - Apr 2021

Parent Newsletter

MAY 2021

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HS Parent Newsletter - May 2021

Parent Newsletter

JUNE 2021

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HS Parent Newsletter - Jun 2021

Parent Newsletter

JULY 2021

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HS Parent Newsletter - Jul 2021

Parent Newsletter

AUGUST 2021

## SPOTLIGHT ON: ACADEMIC INTEGRITY

Academic integrity is the practice of using honest and ethical behavior in all academic work. It is the practice of using your own words and ideas, and giving credit to the original author of any work you use.

- Check or helping others cheat on a test
- Copy something from the internet or another source without acknowledgment
- Recuse information about a test from someone who's already taken it

Spotlight on Academic Integrity

Spotlight

SEPTEMBER 2021

## SPOTLIGHT ON: BULLYING

Bullying is when someone is being mean or hurtful to another person. It can happen in person or online. Bullying can be physical, verbal, or social. It can happen at school, at home, or online.

- Is your teenager being bullied?
- If your teen is a target

Spotlight on Bullying

Spotlight

OCTOBER 2021

## SPOTLIGHT ON: COLLEGE VISITS

College visits are a great way to see if a college is the right fit for your student. They can help you learn more about the school, the campus, and the people. They can also help you see if you like the location and the weather.

- Questions to ask on a college visit

Spotlight on College Visits

Spotlight

NOVEMBER 2021

## SPOTLIGHT ON: PARENT-TEACHER CONFERENCES

Parent-teacher conferences are a great way to talk to your child's teacher about their progress in school. They can help you learn more about your child's strengths and weaknesses, and how you can help them succeed.

- Parent-Teacher Conference Topics and Questions

Spotlight on Parent Teacher Conferences

Spotlight

DECEMBER 2021

## SPOTLIGHT ON: THE FAFSA

FAFSA.GOV

The FAFSA is the form you use to apply for federal financial aid. It's a free service that helps you determine how much aid you qualify for. You can use the aid to pay for tuition, books, and other expenses.

- Make an account

Spotlight on FAFSA

Spotlight

JANUARY 2022

## SPOTLIGHT ON: RECOGNIZING FAKE NEWS

Fake news is information that is not true. It can be spread online or in print. Fake news can be harmful because it can lead to bad decisions and actions.

- Help your teen identify the following types of potentially misleading content

Spotlight on Fake News

Spotlight

FEBRUARY 2022

## SPOTLIGHT ON: HEALTHY LIFESTYLES

Healthy habits are things that are good for your body and mind. They can help you live longer and feel better. Healthy habits include eating well, exercising, and getting enough sleep.

- Healthy Habits
- Develop a good nighttime routine

Spotlight on Healthy Lifestyles

Spotlight

MARCH 2022

## SPOTLIGHT ON: TOBACCO

Tobacco is a plant that is used to make cigarettes and cigars. It is addictive and can cause cancer and other health problems. It is important to avoid tobacco products.

- Facts About Tobacco

Spotlight on Tobacco

Spotlight

APRIL 2022

## SPOTLIGHT ON: TALKING ABOUT TRAGEDY

Tragedy is a sad event that happens to people. It can be hard to talk about, but it's important to do so. Talking about tragedy can help people understand it better and cope with it.

- How to Start a Conversation

Spotlight on Talking About Tragedy

Spotlight

MAY 2022

## SPOTLIGHT ON: VAPING

Vaping is the use of an electronic cigarette, but it's not just for cigarettes. It's for all kinds of flavors, including fruit, candy, and more. Vaping is popular because it's easy to use and it's fun.

- Why Are They Popular?

Spotlight on Vaping

Spotlight